



Exploring the Unique Contributions and Experiences of
FEMALE COMBAT VETERANS
(OIF, OEF, and Gulf War Veterans)

What does it mean to be a female with combat experience?

How have my military experiences affected me?
My family? My view of others? My view of the world?

How can I better deal with negative emotions?
(Anger, Resentment, Frustration, Disappointment, Fear, Disrespect)

An Opportunity for Support and Growth

1st and 3rd Monday Nights, 6-8pm

St. Paul Vet Center: 2480 University Avenue, St. Paul, MN 55114

651-644-4022

Call with questions, or to set up initial meeting with counselor.

